

ALKALINE KITCHEN

100% Vegan

ALKALINEKITCHEN.CO.UK

Hello there! EVERYTHING on our menu is made from scratch so please bear with us during busy times.

SMALL PLATES

JACKET OR SWEET POTATO

5.25

Filled with our signature cashew cheese and served with an alkaline side salad.

ROAST RED PEPPER PATE

5.25

A walnut, roast pepper and sun dried tomato pate served with veggies and guacamole covered bread (optional)

ALKALINE SALAD

7.00

A base of spinach and kale, layered with grated carrot and beetroot, courgette noodles with baked falafels and your favourite alkaline kitchen dips

ONION BHAJI OPEN SANDIWH

6.75

Sourdough bread topped with homemade mango chutney, cashew mint sauce, spinach and onion bhajis, served with a side salad

SMOKED CHEESE AND HEALTHY PICKLE TOASTIE

6.75

Cashew smoked cheese with our own healthy 'branstons' pickle and spinach in toasted sourdough bread served with salad

MAINS

ALKALINE NACHOS

9.95

Marinated baked quinoa, topped with refried beans, cashew sour cream, guacamole, pineapple salsa and pickled red cabbage. With a smoked cashew cheese drizzle. Served with tortillas (optional)

***All of our meals are soy free, oil free, preservative free, refined sugar and gluten free - please ask for details on allergens -**

***Exceptions - Bread, Tortillas, Corn shells and Chocolate mousse**

INDIAN BUDDHA BOWL

10.95

A sweet mild coconut curry in the centre surrounded by a potato and pistachio curry, pineapple and cashew quinoa, crispy baked kale pakoras, baked onion bhajis topped with mint sauce and mango chutney, and a chickpea and fennel salad with rosemary and tahini dressing

BREAKFAST BURRITO

8.50

A soft tortilla filled with chickpea scramble, tahini roasted sweet potatoes and red pepper, guacamole, brazil nut cheese and spinach, served with 'cheesy' quinoa, sweet potato mash and salad in a pistachio cheese dressing

CHICKPEA OMELETTE

8.50

Chickpea omelette stacked with brazil nut cheese, guacamole, chickpea and carrot crumble, topped with crushed walnuts and served with a side salad

BBQ TACOS

8.50

Shredded carrot in an alkaline BBQ sauce in a corn shell, filled with refried beans and guacamole. Topped with pineapple salsa and pickled red cabbage, served with a side salad

DESSERT

PINK PITAYA ACAI BOWL

5.50

A fruity smoothie bowl topped with fruits, seeds & nuts

JOYFUL ALMOND ACAI BOWL

5.50

A creamy chocolatey base topped with fruits, seeds & nuts

CHOCOLATE MOUSSE

4.95

A rich chocolate mousse made with aquafaba. Topped with crumbled cookie (optional) and fruit

PLEASE SEE SPECIALS BOARD FOR MORE.

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ALKALINE JUICES

4.00

VITAMIN ME

Orange, carrot, ginger, turmeric

DETOX GREENS

Celery, cabbage, apple, lemon, kiwi, spinach

LIVER CLEANSE

Red cabbage, pineapple, beetroot, apple, carrot, lime

NEUTRAL SMOOTHIES

4.50

JOYFUL ALMOND

Almond butter, dates, almonds, cocoa nibs, banana

CASHEW BABY

Cashew butter, dates, cashews, cocoa nibs, banana

TROPICAL SUNRISE

Papaya, mango, orange, banana, coconut, maple, cashews

GREEN BOHEME

Spinach, pineapple, banana, wheatgrass, maple

PEANUT BUTTER AND JELLY

Strawberries, banana, peanut butter, maple

COLLAGEN BOOSTER

Boabab powder, blueberries, banana, pineapple, maple, lemon

ADD A SUPERFOOD POWDER

0.75

maca, spirulina, chlorella, boabab, wheatgrass, cocoa, hemp protein

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LOOSE LEAF TEAS

2.50

JASMINE

CHAMOMILE

PEPPERMINT

WHITE TEA

LEMON & GINGER

OLIVE LEAF

RASPBERRY LEAF

NETTLE

ECHINACHEA

MARIGOLD

BREAKFAST

EARL GREY

NE

KITCHEN

COFFEE

AMERICANO

2.15

LATTE

2.50

ESPRESSO

2.15

FLAT WHITE

2.50

CAPPUCCINO

2.50

COCONUT & BANANA ICED LATTE

3.50

TURMERIC LATTE (DECAF)

3.50

HEALTHY HOT CHOCOLATE

3.00

*Raw cocoa, almond butter, dates,
maple syrup & a milk of choice*

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PLEASE SEE DISPLAY FRIDGE FOR MORE CHILLED DRINKS